

Discipleship Groups start Thursday, Sept. 8 at 6 PM

What are Discipleship Groups?

Christ calls us to build one another up through mutual support and accountability (Ephesians 4:2-3, 12, 15-16), and Discipleship Groups were formed to do just that. The groups are made of 5 to 10 college students who meet weekly to encourage each other to draw closer to God in Christ, serve the community, fellowship, and invite others to share in God's grace.

When and where do they meet?

They meet each Thursday night at 6 PM in the Wesley Foundation at 129 E. College Street right across from campus.

What do Discipleship Groups do?

A Discipleship Group helps us become more intentional disciples of Christ in four main areas: Community, Conversation, Compassion, and Calling. Jesus tells us that we are to love God and love our neighbor. A Discipleship Group helps us balance our worship of God and our service to others.

1st week of the month: Community. We are to encourage and build each other up (1 Thessalonians 5:11), and this meeting is a time of Christian fellowship. Your group will decide what it would like to do during this time. You might eat at a restaurant or go to Marble Slab. You might play cards, X-box, ping pong, or simply hang out at someone's dorm or apartment.

2nd week of the month: Compassion. Jesus tells us that a true disciple serves others in need (Matthew 25:31-46). Once a month the group spends an hour together in some kind of service to the campus or community like visiting a hospital or nursing home, or picking up trash.

3rd week of the month: Conversation. Scripture is the word of God and helps equip us to become Christ's disciples (2 Timothy 3:16). Although every week is opened and closed in prayer, these weeks emphasize the act of prayer (conversation with God) and discussion of Scripture (conversation with God).

4th week of the month: Calling. As Christ has called us into relationship with God, we recognize our responsibility to invite others into that same fellowship (Matthew 28:19-20). Your group may decide to write letters to recent visitors, hand out information on campus about an upcoming Christian event, or simply fold brochures that will be handed out at a later date.

Why do I need to join a group to do this?

Some of Jesus' teachings are attractive and, depending upon your personality, easy to do; others are challenging and hard. That is why we need others in a small group with whom we can be mutually accountable for following all of Jesus' teachings (Matthew 22:34-40).

How do I join a Discipleship Group?

Call the Wesley Foundation College Ministry at 564-7257 or email us at ministry@sfawesley.org and let us know you'd like to visit or join a group.

Who sponsors the Discipleship Groups?

The Wesley Foundation College Ministry is a mission of the United Methodist Church to the SFA campus. Although funded by the United Methodist Church, any student can participate fully in all of our activities and programs, regardless of religious affiliation or background. To find out more about Wesley, visit www.sfawesley.org.